

Overview

Mid Atlantic

Spine and Pain Physicians



The most comprehensive medical practice treating spine and pain disorders in the United States

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Mid Atlantic Spine and Pain Physicians (MASPP) is the most comprehensive private practice in the United States treating the full spectrum of spine and pain related disorders while delivering world-class patient-focused care. This preeminent pain practice, with locations in Delaware and Maryland, is staffed with a team of top-rated board certified physicians, chiropractors, and licensed practitioners providing individualized treatment for patients in a very compassionate and caring setting.

From initial consultation to treatment and follow-up care, MASPP provides treatment for a wide range of conditions associated with spine and pain related disorders, including non-surgical as well as surgical procedures. The group offers an array of comprehensive medical services onsite, including diagnostic imaging, an outpatient surgery center, chiropractic care, physical therapy, and a sleep lab, among other services. MASPP is a chosen provider for a number of medical insurance carriers and accepts patients with Medicare and Medicaid.

MASPP is engaged in enlightening our patients, healthcare professionals, and the community with information and knowledge regarding spine and pain disorders. Our physicians have authored many medical articles and book chapters, and have lectured locally, regionally, nationally, and internationally, on pain management and the treatment of spine disorders. MASPP publishes *The Pain Journal*, posts a chronic pain blog, contributes to a health advice newspaper column, hosts a morning radio program, "Pain Talk," and hosts an annual pain medicine symposium. MASPP also offers the only private-practice-based, pain medicine fellowship program (ACGME-accredited) in the U.S. in conjunction with Temple University Hospital located in Philadelphia, Pennsylvania.

Our Mission

At MASPP, we pride ourselves in providing the correct diagnosis and the appropriate treatment plan – *from the start* – on your road to recovery. Our physicians, providers, and staff are all committed to delivering world-class care to our patients in a very professional, caring, patient-focused environment with a very supportive team approach. We are also dedicated to redefining the way pain management and spine care are delivered by constantly striving to innovate and improve our services, all in the best interest of the patient. MASPP is devoted to meeting the educational needs of patients, healthcare professionals and the community alike.

What especially sets MASPP apart is our cutting-edge pain management treatment for migraine headaches, Reflex Sympathetic Dystrophy (RSD), cancer pain, spasticity, and spinal disorders with minimally invasive spine surgeries and regenerative medicine. No other medical group in the United States treats these conditions with such high success as our physicians at MASPP.

Patient Focused Care

Our philosophy of "Patient Focused Care" places you, the patient, first! Our friendly staff will greet you with a smile, from the moment you enter any of our offices, and provide you with prompt and courteous world-class service. Our team is ready to assist you from check-in, registration and evaluation, to treatment and follow-up care so you can begin feeling better sooner.

We are focused toward your health needs and overall comfort as a patient. Each caregiver is highly skilled and cross-trained in various fields to provide high quality care. Family members are encouraged to become involved in the care of their loved one. This gives the opportunity for family members to understand the condition and take an active role in the recovery process.

Patient Services

We provide an array of medical services on site for your convenience, including the following:

- Electrodiagnostic Studies
- Diagnostic Imaging – MRI, CT, DEXA, Digital X-ray, Ultrasound
- POS Medications – Workers Compensation and Auto Insurance Only
- Diagnostic and Therapeutic Spinal Procedures
- Minimally Invasive, Same Day Spine Surgery
- Sleep Lab
- Chiropractic Care
- Physical Therapy

Medical Disorders

Our physicians treat an array of spine and pain related conditions, including the following:

- Arthritis
- Back Pain
- Cancer Pain
- Carpal Tunnel Syndrome
- Compression Fractures
- Disc Herniations
- Facet Syndrome
- Facial Pain
- Fibromyalgia
- Interstitial Cystitis
- Migraine & Other Headaches
- Neck Pain
- Osteoarthritis
- Osteoporosis
- Peripheral Neuropathy
- Radiculopathy
- RSD
- Sacroiliac Joint Syndrome
- Sciatica
- Spasticity (MS, Stroke)
- Spinal Stenosis
- Sports Injuries
- TMJ Syndrome
- Trigeminal Neuralgia

Treatments and Procedures

The wide range of medical procedures performed by our physicians includes the following:

- Annuloplasty
- Botox® Injections
- Discography
- Epidural Steroid Injections
- Facet Joint Injections
- Facet Joint Rhizotomy
- Intradiscal Electrothermal Annuloplasty (IDET)
- Implantable Pain Pumps
- IV Ketamine for RSD
- Kyphoplasty
- Minimally Invasive, Same Day Spine Surgery
- Nerve Block Injections
- Peripheral Nerve Stimulation
- Radiofrequency Procedures
- Regenerative Medicine (Platelet-Rich Plasma)
- Sacroiliac Joint Injections
- Spinal Cord Stimulation
- Stem Cell Therapy
- Vertebroplasty

Physicians and Staff

The physicians and staff at MASPP understand that our patients have special needs and the challenges that pain can present for everyday living. MASPP comprises a team of highly-experienced and talented physicians, along with highly-skilled nurses and support staff, who all have dedicated themselves to providing excellent care to our patients in a compassionate and caring environment. Our physicians and staff work together and collectively in a multidisciplinary fashion to ensure that our patients receive the finest patient care possible and create an individualized treatment plan for each and every patient.



Chronic pain is defined as pain persisting longer than the temporal course of natural healing, associated with a particular type of injury or disease process.

Insurance

Our team will handle insurance matters for you and see that you have a full understanding of treatment options and costs. We are experienced at insurance matters, including pre-authorizations, denials and the appeal process. We will determine, prior to any procedure, if it is a covered benefit and will notify you of any upfront costs associated with your deductible and co-payment.

MASPP, as a service to patients, participates with CareCredit®, North America's leading patient payment program. CareCredit offers a full range of payment plans to meet your financial needs with low monthly payments and low interest plans. There are no upfront costs, no annual fees, and no pre-payment penalties. It's easy to apply and you will receive an online decision in seconds. To learn more, visit www.carecredit.com.

Office Locations

MASPP has two state-of-the-art offices minutes from I-95, Route 896 and Route 40 and easily accessible from Wilmington, Baltimore, and Philadelphia. Office hours are Monday-Friday, 8:00 a.m. to 5:00 p.m. Our physicians are available after hours to address your questions or issues. If you are experiencing a medical emergency, call 911 or go to the nearest hospital emergency room where you will be evaluated by an emergency room physician who will communicate directly with one of our physicians.

Our physicians are on staff at Christiana Hospital in Newark, Delaware, St. Francis Hospital and Wilmington Hospital in Wilmington, Delaware, and Union Hospital in Elkton, Maryland, which allows for the continuity of your care in the outpatient and inpatient setting.

Make an Appointment

Please contact us regarding any questions or to schedule an appointment. Our staff is readily available to assist you. In Delaware, call 302-392-6501 and in Maryland, call 410-392-3385.



Over 30 million Americans suffer from back problems, with low back pain second in frequency only to the common cold.



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